

WHAT DOES IT COST?

This is a bulk billed service, there will be no out of pocket cost for active health patients

APPOINTMENTS

Spirometry	
Follow up with GP:	

FOR MORE INFO

Phone: 03 4504 2515

Email: reception@activehealthportland.com.au



SPIROMETRY

WHAT IS SPIROMETRY?

Spirometry is a simple test that evaluates how well your lungs are working. This assesses how fast and how long you can breathe in and out. It involves doing several types of breathing into a tube which is connected to a computer. This will help determine how well your lungs are working and if there is anything affecting your breathing.

HOW DOES IT WORK?

You will be asked to take a big breath and forcibly blow into a small mouthpiece attached to the computer. This needs to happen multiple times to get accurate results. You may also be given a peg to wear on your nose to make sure all the air comes out of your mouth. This test doesn't hurt but some people find they feel puffed or occasionally dizzy.

This test will take around 20-30 minutes to complete and then you will see your GP to go over the results.

WHY IS THIS DONE?

This test helps your doctor by:

- Diagnosing lung conditions such as asthma or chronic obstructive pulmonary disease (COPD)
- Assessing the severity your condition
- Monitoring your lung function over time
- Looking for the cause of problems such as cough, wheeze, or shortness of breath

