

This booklet does not replace the Consumer Medicine Information (CMI) or any advice from your healthcare team. Always review the CMI to familiarise yourself with side effects before taking medications including Monofer®.



Preparing for your iron infusion patient video is available here:



**If you experience chest pain, difficulty breathing, dizziness, or swelling of the face, mouth, tongue or skin after leaving the clinic, seek urgent medical attention.**

A. Menarini Australia Pty Ltd ABN 62 116 935 758. Level 8, 67 Albert Avenue, Chatswood NSW 2067. Tel: 1800 644 542  
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DH. MON-005681-00. Date of preparation: March 2026.

# Patient information



**MonoFer<sup>®</sup>**  
*Ferric derisomaltose*

# Preparing for treatment with Monofer®

## What is an intravenous (IV) iron infusion?

An iron infusion is a medical procedure where iron is delivered directly into your blood through a small cannula (needle) inserted into a vein in your arm.



## Why do I need to have a Monofer® infusion?

- To treat iron deficiency, when iron tablets or liquid cannot be used or are ineffective
- To quickly restore the iron levels in your body



# How to prepare for a Monofer<sup>®</sup> infusion?



**Medication:** Stop oral iron as instructed by your doctor. Continue taking your other usual medications, unless told otherwise by your doctor.



**Medical history:** Tell your nurse or doctor about any allergies, any reactions to any past iron injections/infusions, liver problems, or if you are pregnant.



**Diet:** Eat before arriving for your infusion, and stay well hydrated in the 24 hours prior to your infusion.

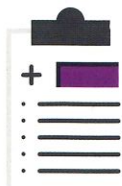


**Comfort:** Wear loose clothing to allow easy access to your arm.



**Timing:** Allow for a 60-90 minute appointment, including the infusion and observation time.

# What to expect during your Monofer<sup>®</sup> infusion?



## 1. Set-up

- a. If you are feeling anxious or have any concerns about the procedure, discuss this with your doctor or nurse on arrival.
- b. Your doctor or nurse will complete a Patient Consent form with you.
- c. Let your doctor or nurse know if you have a preference about which arm is used for the infusion.
- d. Your doctor or nurse will insert a small cannula (needle) into your arm and connect a drip or syringe.



## 2. Administration

- a. Prior to starting the iron infusion, your nurse or doctor will check your blood pressure and heart rate.
- b. Your doctor or nurse will start the infusion slowly.
- c. The infusion usually takes between 20 and 30 minutes.



## 3. Monitoring

- a. Throughout the infusion, your doctor or nurse will check your blood pressure and heart rate.
- b. If you feel any side effects, inform your doctor or nurse immediately and the iron infusion can be paused.

# Understanding possible side effects during Monofer<sup>®</sup> treatment

During your Monofer<sup>®</sup> infusion, you may experience some side effects. If this happens, the nurse will pause the infusion. These side effects usually disappear shortly after the infusion is paused.



**Flushing:** A feeling of warmth or redness of the skin.



**Mild shortness of breath:** Difficult or laboured breathing.



**Chest, back, or flank (sides of your torso) tightness:**  
A feeling of pressure or tightness in the chest, back, or flank (side of your torso) areas.



**Nausea:** Feeling sick or needing to vomit.

**Important:** If iron leaks at the injection site during the infusion, there is a small risk of long-lasting brown discoloration of the skin.

Tell your doctor or nurse immediately if you feel any of these side effects.

# What to expect after treatment with Monofer®

## Immediately after the infusion



**30**  
minutes

**Observation:** Wait in the clinic for 30 minutes for your healthcare professional to monitor you.



**Activity:** Avoid heavy lifting or strenuous exercise for the rest of the day.



**Hydration:** Keep drinking plenty of fluids.



If you were previously taking daily iron tablets, ask your doctor whether to continue taking them following your Monofer® treatment.

## Are there any side effects after Monofer<sup>®</sup> treatment?

- Some people may experience flu-like symptoms including achy joints or muscles, and/or fever in the days following the infusion.
- These symptoms usually improve within a few days.
- If these symptoms continue for more than a few days after the infusion, speak to your doctor.

## When will I feel better?

- Improvement is individual. Some people may feel better within a couple of days, while others may take a few weeks to a month.

## Follow-up

Your doctor or nurse will continue to check that the amount of iron in your body stays within the right range for you by performing another blood test within a few months of your treatment. You may require another dose of Monofer<sup>®</sup> based on your body's iron needs.

## My notes

Your doctor/nurse: \_\_\_\_\_

Contact number: \_\_\_\_\_

Iron blood test result: \_\_\_\_\_

\_\_\_\_\_